



## Lüz Hydra + Laser Facial – 50 minutes

A deep anti-bacteria laser treatment complete with deep hydrafacial treatment plus an anti-aging laser treatment. We start by gently cleansing the skin with iS Clinical Cleansing Complex. On medium setting (don't overwork the skin) you'll exfoliate with the hydrafacial machine using either an AHA or BHA solution to loosen up top layers of the skin and remove congestion from pores. Followed by a rich iS Clinical mask (matched to skin's needs). Leave mask for 10 minutes (under red light if patient agrees) then 2<sup>nd</sup> cleanse. Once skin is completely clean, we treat with skin tightening laser (can substitute IPL if client prefers it). Wipe skin down with damp towel and apply HydraCool serum, eye cream, moisturizer and SPF. **Caution: Do not use Active, Super or ProHeal as they are too harsh after this dual modality treatment.**

**Legal Requirements:** Clearlift or IPL consent form, SpaKinnect/NP Approval for laser portion of facial

**Products:** iS Clinical Cleansing Complex, iS Clinical Mud Mask or Hydrating Mask, Hydra cool serum (Hyaluronic acid), iS Clinical Moisture Emulsion, iS Clinical Eclipse SPF 50 or Elta MD 44, iS Clinical eye cream, Elta MD SPF

**Materials:** (2-3) steam towels, (2) warm water in bowls placed in cabby (1) mask/peel bowls, (1-2) mask brushes (1) client headband, 2 disposable sponges

**Equipment:** Microdermabrasion machine, Steamer, Magnifying lamp.

1. Pull back hair and place headband on guest
2. Fresh hot water in bowl
3. Perform cleansing manipulations with iS Clinical Cleansing Complex including neck. (one pump of cleanser), circular motion with two cleansing sponges.
4. Rinse sponges in first warm water bowl.
5. Perform hydrafacial protocols.
6. Light extractions with spatula if needed – don't over work the skin
7. Mask with red light
8. 2<sup>nd</sup> Cleanse
9. Apply warmed gel with wooden spatula
10. RN ONLY: Laser treatment protocol (settings, passes) according to client's needs approx. 30 minutes into the treatment.
11. Remove gel from clients face using wet disposable warm washcloth
12. Apply 3 drops of iS Clinical Hydra Cool serum + moisturizer
13. Eclipse SPF 50 or Elta MD 44 – pea size
14. Use Pink Slip to record recommended skin care treatment & products to present to front desk.